

Anchor



Watch



Official publication of the Annapolis Sail and Power Squadron
District 5, a unit of United States Power Squadrons®



August 2019

Annapolis, Maryland

Volume 78, Number 8



Commander's Message

Cdr Ron Ricketts, S

The summer is now in full swing. So far, we have been blessed with great weather. Bay waterways are very busy with many individuals and families out enjoying themselves. Boats, kayaks, jet skis, standup paddle boards (SUP) - there are so many options that put people on the water. It's such a great way to enjoy family and friends.

Unfortunately for a few, what should have been fun turned to tragedy. Leading up to July 4th weekend, there were 6 water related deaths over a 4 day span right here in the Annapolis area. Two jet skiers, a kayaker, and individuals crabbing were all victims. Unfortunately, none were wearing life jackets.

The focus of America's Boating Club® on boating safety and the use of common sense on the water is more relevant than ever. With the ever-increasing numbers of both new and experienced boaters, the bottom line is education! Learning from those with experience is invaluable. Everyone can continue to grow to be a better boater. There is no better way to learn than to be part of a squadron of seasoned boaters.

Speaking of experience, I want to highlight a great example of someone who came to this sport with little to no knowledge. Now, many years later, we are fortunate to have her as our Executive Officer (XO): Peggy Slattery.

Many find their way to boating through another person, friend, or family member. In this case, Peggy met Terry (now her husband), who had a passion for boating. She decided to dive in. Interested in knowing more, Peggy took a class designed for women. She credits that with helping her build a good foundation for confidence on the water.

Many classes later, and scores of seminars through the USPS, Peggy is a real advocate of 'in person training' and the value gained from that versus on-line training. There is no substitute for learning from others who have been there and done that.



As many of you know, Peggy and Terry are part of the team that owns the catamaran LUX. However, that is only their latest craft after owning two other mono hulls: an Alberg 35 and Westwind 38. To say they

CDR cont. on page 2

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are seasoned boaters is an understatement. In June, they helped deliver a Monk 36 trawler on its way from Lewis Porte, Newfoundland down the Atlantic coast to Maine.

Given her appreciation for the value of sharing on the water experiences, Peggy took the XO position because she wanted to help shape the future of the organization. She could only do that if she served as an officer.

The official description of the XO's responsibilities only hints at what that role really means for the squadron. The Executive Office is responsible for external affairs for the squadron. Basic duties include supervision of the following committees: Boat Show, Public Relations, Safety, Legislative, and Vessel Safety Check. Annapolis does 3 boat shows, which involve a significant commitment of time. Hence, when Peggy calls for volunteers, we all need to respond. A special squadron "thank you" to Peggy for taking on this big job.

CRISFIELD

By the time this Anchor Watch is published, many of us will be on our way to the D/5 Summer Council at Crisfield. I am hoping to see many of you there. Come by land or by the bay. Make sure you are flying your ASPS burgee!



Our XO, Peggy Slattery beating the heat of the Chesapeake up in Newfoundland last month

News From National

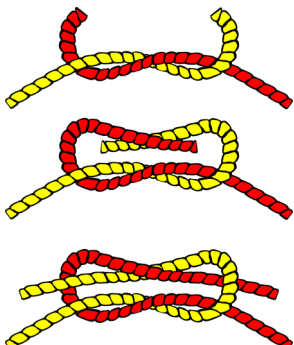
P/Lt/C Georgiana Maszczenski, S



Sign up for Valuable Member Benefits Information.

National has created a signup list for all America's Boating Club® members who wish to learn more about valuable member benefits. By accessing the following link, <http://eepurl.com/b3dERj>, you will authorize America's Boating Club to send you limited emails highlighting events, webinars, specials offerings, etc., that may be of interest to you. Member benefits are valuable to us, but only if we use them to our advantage. Learn more about these advantages by authorizing USPS to keep you informed. **Email:** [Andy Hyman](mailto:Andy.Hyman)

Read more: <http://eepurl.com/b3dERj>



Got a few minutes to spare?

Practice the Reef Knot, aka Square Knot.

Review other knots at:

<http://www.theensign.org/uspscompass/marlinespike.html>

Another great web site:

<https://www.animatedknots.com/>





Executive Officer
Lt/C Peggy Slattery, S

Yes, you can tell it is summer. Hot, humid days continue. We respond by spending more time in and around the water. Just remember to stay safe out there! By now, I hope all of you have had your Vessel Safety Check. If not, it's never too late to contact P/C Kathy Nash, AP-IN, at kmnash1@verizon.net to schedule a time. Kathy is willing to work with your schedule in order to make sure you get this done as soon as possible!

Safety should be on everyone's radar this summer. The first weekend in July, 4 people died in water-related accidents. One was a kayaker who fell out of the kayak. One was someone who fell off a dock. The last two were crabbers who appear to have fallen out of their boat. What do all of these accidents have in common? A missing PFD. "*Better safe than sorry,*" should be everyone's motto. A recent press article also pointed out that if you think you can put on your PFD once you are in the water, think again. Having a PFD doesn't make you safe. Only wearing it can do that.

On to good news! Natural Resources is funding 7 projects in Anne Arundel County. Of special interest to us is the Cheston Avenue Access in Annapolis. \$99,000 will go toward the improvement of the bulkhead and the installation of the dinghy dock. We love our small boaters, and we hope to see more and more access for them around our waterways. A dinghy dock allows kayakers and canoe enthusiasts more access as well as giving those boaters moored out a place to come ashore.



Finally – just a reminder. Don't forget that Fall is approaching. For us, that means the boat shows. Be sure you are saving the dates now. We are in need of people to man our booth. The United States Power Boat show will be held on 3-6 October. The United States Sailboat Show will follow on 10-14 October. It's a great opportunity for you to share the value of our organization. And, you get the rest of the day to check out the boat show! So, mark your calendar now!



Vessel Safety Check

Please email P/C Kathy Nash, AP-IN, at kmnash1@verizon.net or call 410-956-2781 to arrange a vessel safety check for your boat.





Administrative Officer

P/C Bruce Arey, JN

It's hard to believe that it is already August. The long, hot days of summer may be drawing to a close, but the fun has barely begun.

Many thanks go out to John and Betty Wilmot for hosting their annual Raft Up & Predicted Log Contest on 22 June. Even though there were no takers for the contest, there were plenty of other activities and games to keep folks entertained.

Meanwhile, August presents us with even more opportunities to spend time with our fellow members of ASPS and neighboring squadrons. Be sure to plan to join us for these fun events:

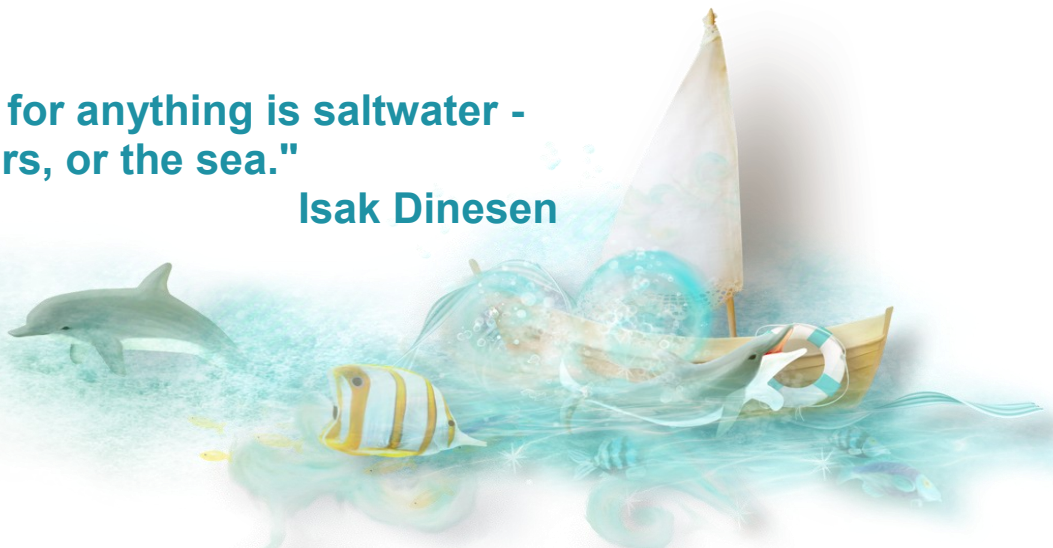
- ★ 28 July to 4 Aug – Dundalk Sail and Power Squadron - Top Gun Cruise from Crisfield to Chesapeake City to Baltimore with stops in between.
- ★ 15 August – ASPS Ice Cream and Dessert Social at Slattery's Pool House - Join your fellow members for a fun evening of treats and conversation. Reconnect to find out what everyone has been up to this summer. And, should you so desire, bring your bathing suit and a towel to indulge in a refreshing dip in the pool. See the ad on page 10 for details.
- ★ 16-18 August – Kent Narrows Sail and Power Squadron - Wye River Raft Up on Western Wye River. Sign up info on page 9.
- ★ 23-25 August – Dundalk Sail and Power Squadron - Crab Feast Cruise, Baltimore Yacht Club.

The summer has given us a break from ASPS monthly dinner meetings, but September will soon be here, and I am looking forward to our 5 September Dinner Meeting. The meeting will feature Steve Ailstock, the Director of the Anne Arundel Community College Environmental Center, who will speak about Submerged Aquatic Vegetation (SAV). If you miss the reservation deadline but still want to attend, please contact Lorrie Short at aspsdinnerreservations@gmail.com. Also, please remember to contact Lorrie if you have to cancel as well.

As always, remember that we welcome and want your input and assistance. Whenever you check our calendar of events, always consider whether or not you would be willing to volunteer to help out at the event. Or, perhaps you might even want to be in charge! Get in touch to let us know what you can do to help out. We hope to hear from you soon.

**"The cure for anything is saltwater -
sweat, tears, or the sea."**

Isak Dinesen



Raft Up At Wilmot Home 22-23 June 2019



A Lovely Party! There were 10 boats from various squadrons and about 40 people, a quarter of which were Annapolis folks. John arranged with his neighbors for the use of their piers so that everyone had a place to tie up. A tent on the lawn provided shade, and John arranged for a soft breeze to blow across Glebe Bay to keep everyone cool and comfortable. We had lunch, dinner, breakfast in the morning, with lots of games, conversation and laughter in between. John and Betty surely do know how to throw a great party! To John and Betty, thanks for your hospitality!





Membership Dinner Meeting

5 September 2019 Elks Lodge
2 Pythian Drive
Edgewater, MD 21037



Our speaker for the evening will be Steve Ailstock. Dr. Ailstock received his Master of Science degree from Louisiana State University in Plant Physiology and his doctorate from the University of Maryland College Park in plant ecology. He has served as director of the Anne Arundel Community College Environmental Center for the past 26 years. In this capacity, he

has conducted numerous projects in the mid-Atlantic for underwater, tidal and nontidal wetlands creation for habitat improvement, shoreline stabilization, stormwater management, invasive species control and industrial effluent treatment. His research projects have been supported by local, state, and federal governments, business, and industry.

**1800 Social Hour - Cheese & Veggie Platter
1900 Dinner Buffet**

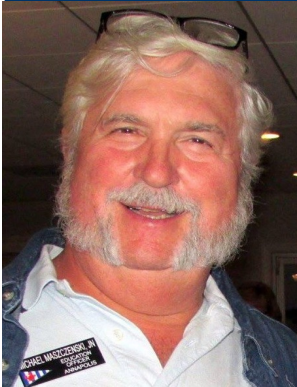
**BBQ ribs, Fried Chicken, Cole Slaw, Baked Beans
Caesar Salad, Rolls, Dessert**

**If you want the vegetarian choice (Quiche)
please so indicate when making your reservation.**

**RSVP by 4:00 pm on Tuesday, 3 September 2019
By email to aspsdinnerreservations@gmail.com
or call Lorrie at 410-305-0232.**

**Dinner Cost: \$27 per person
payable by cash or check at the door.**





Educational Officer

Lt/C Michael Maszczenski, Jr., N

Courses this Fall

Fall courses and seminars will be held on Tuesday and Thursday nights at Annapolis High School from 7:00 PM to 9:00 PM. The ABC course will be 3 Saturday classes from 9:00 AM to Noon. All courses and seminars will begin after 17 Sept. The JN course will be a web course; check the details below. Details for all courses and seminars will appear on the website as they are finalized, and in the next Anchor Watch. If you are interested in taking a course or seminar please register now; it helps with planning. Remember to tell your boating friends about our classes.

AIS (Automatic Identification System) Seminar
AIS Electronics for Boaters can help you decide if AIS is right for you. You will learn what AIS does, how it works, whether you need an AIS system (and, with what capacity), how AIS differs from radar, how to use AIS to navigate more safely, and what to consider when integrating AIS with your existing electronics.

Using VHF and VHF/DSC Marine Radio Seminar

VHF radio is the mainstay of coastal communication and essential for emergency communications. Digital Selective Calling (DSC) has gained popularity as more Coast Guard Rescue 21 System operations go live. This seminar explains basic VHF operation along with the operation of a radio with new DSC functions, MMSI numbers, making emergency calls, and radio selection.

Boat Handling - replaces Seamanship and consists of the following 6 seminars and a test. Anyone who takes all 6 seminars and passes the test with an 80% or higher will receive the USPS grade of S. The course is 7 sessions. You may attend any of the seminars separately and have your record credited for that seminar.

- *Rules of the Road – A Practical Approach
- *Confidence in Docking and Undocking – Slow-

Speed Maneuvering

- *Boating with Confidence – Handling Your Boat Underway
- *Anchoring with Assurance – Don't Get Carried Away
- *Emergencies on Board – Preparation for Handling Common Problems
- *Knots and Line Handling – The Knots You Need to Know.

Sail is a complete sail course of 9 sessions, beginning with basic boat designs, rigging, and sailing mechanics for the non-sailor. The course covers the physical aspects of sailing, sail applications, marlinespike, helmsmanship, navigation rules, and an introduction to heavy weather sailing.

ABC 8 hour edition (America's Boating Course)
Introductory boating course required for the Boating Safety Card that qualifies a person born after 01 July 1972 to legally operate a recreational vessel in Maryland. Open to boaters of any age or skill level, this is the perfect course to learn or review boating safety and Maryland laws for boating.

Junior Navigation (Celestial Navigation using Sun Sights)

Junior Navigation is the first of a two-part program of study in offshore navigation. It's an online course with planned group days to take sights and help with any problems students may be having. It is designed as a practical, how-to-course. Subject matter includes: basic concepts of celestial navigation, how to use the mariner's sextant to take sights of the sun, accurate time determination, the nautical almanac, sight reduction to establish lines of position (LOPs), special charts, plotting sheets, and other navigational data for offshore positioning and passage planning. Jim Heckman, SN, and Bill McManimen, SN, will be teaching the course. There will be several sessions in the Annapolis/Kent Island area for taking sights. This course will

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begin soon. If you are interested, let me know quickly so I can keep you informed on the details.

Registration for All ASPS Sponsored Courses

Click on this link to register: <http://bit.ly/qKN8ad> or email michaelm_aacps@hotmail.com or aspsmd.class@gmail.com. Or call 410-739-7800. If you do not get an answer, please leave voice mail with contact information. When registered, you will receive an email confirmation. Other information and directions will be emailed as the start date for courses or seminars approaches. As always, visit our website for more details on ASPS events: <http://www.aspsmd.org/>. Please register as soon as possible so that I can order materials in a timely fashion.

Other local squadrons' activities are available to ASPS members.

Kent Narrows Sail and Power Squadron's newsletter, Tidelines, can be accessed at KNSPS WEB Site: <http://www.usps.org/localusps/sss-kn>

Reach Rockville Sail and Power Squadron at: <http://www.rspsonline.org/>.

Reach Dundalk Sail and Power Squadron at: <http://www.uspsdundalk.org/>

Kayak and canoe people need to see this! This is a new web site with several water trails and other information for paddlers whether or not you have your own equipment. Water trail maps in Dorchester County: <https://visitdorchester.org/dorchester-paddling-guide/>

Boating Links to Browse

Don't get caught in a nasty storm. Become familiar with some of these hidey holes around the bay. Storm Holes in the Chesapeake Bay:

<https://chesapeakebaymagazine.com/chesapeake-storm-holes/>



The CUBAN YOYO

A discussion on the right fishing rig for sail/fishing http://www.cruisersforum.com/forums/f48/the-right-fishing-reel-for-sail-cruising-220420.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+cruisersforumnews+%28Cruisers+Forum+-+Emails%29

10 inch hand caster with rope, or 100lb monofilament are attached to boat with bicycle tube to take the hit. Someone has trolled like that for 30+ years.

Mason 33 for Sale from Bonnie Evans

I have a friend on Long Island who is selling his father's sailboat. His father built the sailboat by hand and it's absolutely beautiful. I thought there might be a possibility someone in the power squadron may be interested in it. It is a Mason 33 built of Alaskan white cedar.

<https://www.youtube.com/watch?v=QjeLuLXI8RQ>

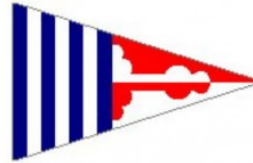
Researchers have just made a major discovery in the York River: the wreckage of a previously hidden British ship from the Revolutionary War's last major battle.

<https://chesapeakebaymagazine.com/revolutionary-war-shipwreck-discovered/>



AMERICA'S BOATING CLUB®

Kent Narrows



Join in the raft-up fun!

The Kent Narrows Squadron invites members, other squadrons, family, friends and prospective members to join us for a day or overnight raft-up. Children of all ages are welcome.

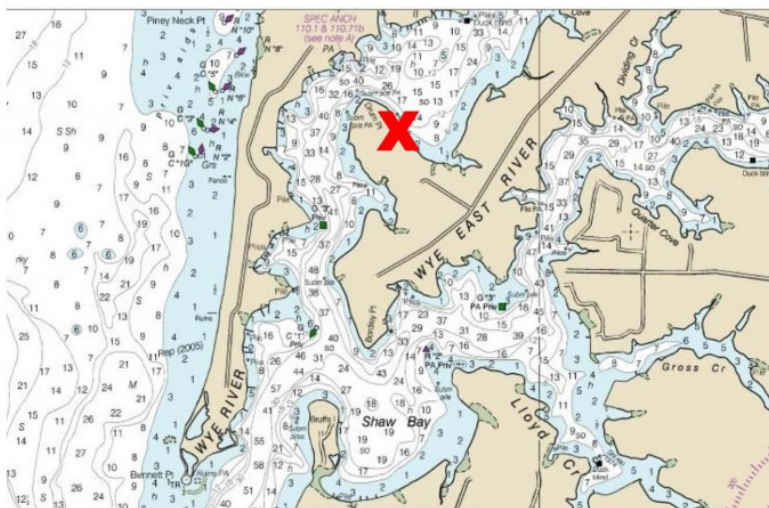
DATE: Friday, 16 August to Sunday, 18 August 2019

PARTY TIME: Saturday, 17 August 1500 - 1800

LOCATION: Wye River in the vicinity of
38° 53.0' N - 076° 10.7' W
See chart insert below.

HOST BOAT: S/V Mystic Traveler (Joe & Kathy Burke)

We will serve as the anchor boat and have a dinghy to ferry folks around. Water, soda, beer and wine provided. Please bring an appetizer to share. Please RSVP or for more information email burkejr2@atlanticbb.net or call Kathy (410 279-0818).



America's Boating Club® is a registered trademark of the United States Power Squadrons®





Ice Cream Social

THURSDAY, 15 AUGUST 2019 - 6:00 PM 'TIL?

Slattery Pool House
1000 Whitehall Cove
ANNAPOLIS, MD 21409

BRING ICE CREAM, TOPPING OR DESSERT

RSVP Peggy at peggy@ccci.com
or 443-994-0670

Or Georgiana at gmaszczeniSKI@HOTMAIL.COM
or 410-739-7799





Safety

D/Lt/C Jeff Short, JN-IN

Maryland just had it's first heat related death! With almost 2 straight weeks of 90 plus temps, people need to be reminded every so often about how to deal with the heat. This has been a very hot and humid summer, and there are still plenty of hot and humid days left in the boating season. Whether you are exercising in this heat or just messing around in your boat, it is critical that you do not get dehydrated, overheat, and become hyperthermic.

The main method that your body uses to discard heat is through sweating. As sweat evaporates, it cools the tissue beneath it preventing hyperthermia and heat stroke. Sweat is made up mostly of water, but it includes salts that the body creates from electrolytes in our blood, mostly sodium and potassium. Loss of sweat, in our body's effort to maintain a safe body temperature, can reduce our total body water level along with the loss of critical electrolytes needed for other bodily functions.

You have likely heard the phrase, "It's not so bad, it's a dry heat." A hot, dry day is much more comfortable than a hot, humid day. Humidity makes it a lot harder for the body to release heat through sweating since the humid air reduces the evaporation of sweat to some degree. We have to sweat more in humid heat in order to maintain adequate heat loss from the body.

The body CAN become more efficient at sweating, by using less of the critical electrolytes, sodium and potassium, to make sweat. This is called acclimatization. It takes about 2-3 days of exertion in the heat, at least 2 hours per day, in order to improve sweating efficiency. Full acclimatization takes 10-14 days of exertion in the heat. Regardless, if you are going to be outside in the heat, dry heat or humid, whether exercising or just hanging out, you absolutely must replace your body's sweat or you will become dehydrated.

Dehydration is the first step along the continuum to hyperthermia and heat stroke. The initial sign may be thirst. Other signs of dehydration include fatigue, lack of energy, headache, dry eyes or blurred vision (due to the corneas becoming dry), darker urine (due to the kidneys concentrating the urine to save water) and muscle cramps (usually due to lost electrolytes). If you develop cool, clammy skin, become pale, confused or pass out, you have progressed to heat exhaustion. As the body begins to conserve the remaining body fluids and electrolytes, sweating stops, the skin becomes dry and hot and the body temperature goes up. Once the body temp reaches 106 degrees, tissues begin to cook and body systems fail. This is heat stroke, a medical emergency and rapidly life threatening. Heat stroke requires immediate body cooling in an ice bath in order to survive. The US Army wraps heat casualties in an "ice sheet," (a simple bedsheet, soaked in water, placed in a ziplock bag, frozen in the freezer, and transported in a lunch cooler) as first aid while transporting the casualty to the hospital. Having an ice sheet on board during an active day on the boat is not a bad idea, just in case.

The key is to prevent dehydration in the first place. Prevention of dehydration is simple. Drink water. The problem is that too many people forget to drink water. Do not wait until you are thirsty. This is the first sign of dehydration. But as we get older, our sense of thirst is not as sensitive as it used to be and we can not rely on thirst to keep us hydrated. Additionally, as we get older, our fluid reserve becomes smaller and our ability to conserve water is reduced. Older folks may be on medications that can cause dehydration such as diuretics, blood pressure medicines, anti-depressants and many other medications.

One way to check your hydration status is by monitoring your urine. A decreased urine output is a sure sign that you are not properly hydrated. The kidneys will conserve water by concentrating the urine. This results in urine with a dark yellow color. Clear, pale, lightly colored urine is a good sign of proper

Safety cont. on page 12



hydration. According to the American College of Sports Medicine, to avoid dehydration, active people should drink at least 16 to 20 ounces of fluid one to two hours before an outdoor activity. After that, you should consume 6 to 12 ounces of fluid every 10 to 15 minutes that you are outside. When you are finished with the activity, you should drink more. How much more? To replace the sweat that you have lost: at least another 16 to 24 ounces (2 to 3 cups). It is beneficial to actually start hydrating for a day or two BEFORE you plan an active day in the heat. Most any liquid will suffice for hydration, but absolutely avoid alcohol and caffeinated beverages as these can contribute to dehydration.

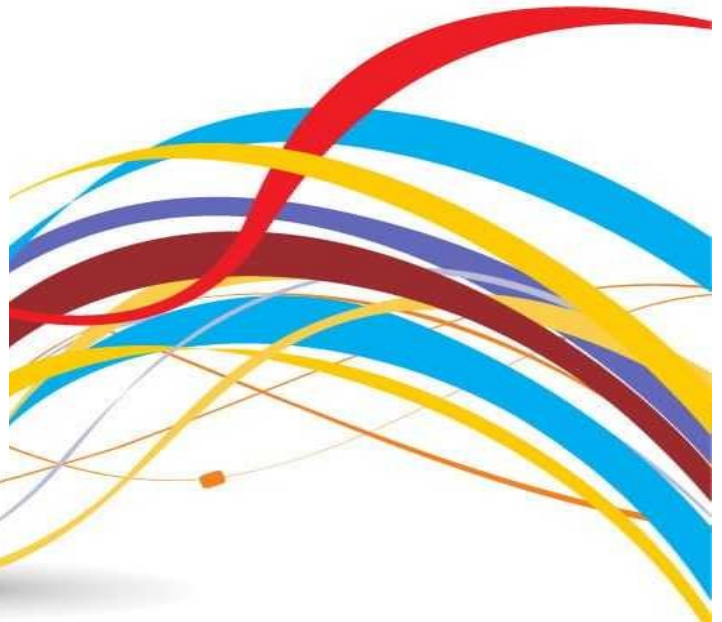
There is enough salt, minerals and electrolytes in the food we eat, such that if you eat a good diet, water alone is all that is necessary to stay hydrated if your activity will last an hour or two. Longer than that though, and it becomes important to replace the electrolytes you are losing in your sweat along with the fluids. Sports drinks were developed to replace those electrolytes. Many sports drinks contain sugar to provide energy for extended exertion in the heat. Sports drinks may have too many calories for your liking. Fortunately, there are other options such as NUUN tablets, MotivePure, and even Pedialyte, used as an electrolyte replacement for infants and children. Many of these come in powder or tablet form which can be kept in your first aid kit for an extended period, or easily packed and carried for a hot day on the water. Simply add to your reusable water bottle as directed. Some of you may remember using salt tablets to help prevent dehydration. These have largely fallen out of favor but are still used to rehydrate astronauts in preparation for re-entry to earth's gravitational forces after months of weightlessness.

The treatment for dehydration is to get the person out of the heat and simultaneously begin to rehydrate them with fluids (and electrolytes if available). One study showed that it takes about 45 min to go from mildly dehydrated to fully hydrated after drinking 600 mls (20 oz.) of water.

Dehydration can occur any time of the year, particularly when activities involve sweating. Not only can dehydration ruin your fun day on the water, it can be down right dangerous. Understand that prevention is the key and is as simple as drinking enough water and eating a well balanced diet.

Now let's get out there and make the water a safer place to go boating.

ASPS Logo Clothing at
<http://asps.qbstores.com>





Save the Dates! Boat with Everybody!

This list contains boating activities for Kent Narrows and Dundalk. As dates approach, contact information will appear in the Anchor Watch so that you can plan to join in.

Date	Event	Sponsoring Squadron	Organizers
16-18 August	Wye River Raft Up You can plan to spend the weekend in the Wye River just off Drum Point. See Page 9.	Kent Narrows	Joe Burke
6-8 Sept	Celestial Navigation Rendezvous You can plan to arrive on 5 September. North Point Marina, Rock Hall, MD	Dundalk	Susan Rudy David Blades
21 Sept	Crab Feast at Baltimore Yacht Club	Dundalk	Doug Riley
29 Sept	Octoberfest - Drive in or boat in - Radlinski residence on the Wye River	Kent Narrows	TBA
27-29 Sept	Sail the Chester River! Chestertown Marina	Dundalk	Doug Riley

We note with sorrow the passing of
P/C Gorden Gaertner, SN
a valued friend and
a 51 year member of the
Annapolis Sail and Power Squadron.



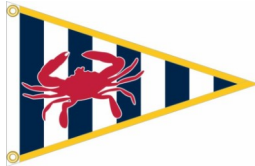
Calendar of Coming Events



<http://www.usps.org/>



<http://www.uspsd5.org/>



<http://www.aspsmd.org/>

United States Power Squadrons® Events

8-15 Sep National Governing Board - Louisville, Kentucky

District 5 Events

26-29 Sep D/5 Trawler Fest - Harbor East Marina, Baltimore

Squadron Events - Annapolis and nearby squadrons

- 15 Aug ASPS Ice Cream Social -
Slattery's pool house in Annapolis
- 16-18 Aug KNSPS Wye River Raft up
- 28 Aug Executive Committee Meeting
Bay Ridge Marina Community Center
(where the picnic was)
- 05 Sep ASPS Dinner Meeting - Elks Lodge
- 6-8 Sep Dundalk Celestial Nav Rendezvous
Rock Hall, Maryland
- 21 Sep Dundalk Crab Feast - Baltimore Yacht Club
- 25 Sep ASPS Exec Comm Meeting - Annapolis High School
- 27-29 Sep Dundalk Chester River Cruise - Chestertown Marina
- 28 Sep ASPS Annual Crab Feast - Bay Ridge Community Center
- 29 Sep Kent Narrows Octoberfest - Radlinski residence
- 03 Oct ASPS Dinner Meeting - Elks Lodge
- 3-6 Oct United States Powerboat Show - Annapolis City Dock
- 10-14 Oct United States Sailboat Show - Annapolis City Dock
- 23 Oct ASPS Exec Comm Meeting - Annapolis High School

For a complete list of ASPS Squadron Events, see:

<http://www.aspsmd.org/calendar.htm>

Changes to your phone number, address, e-mail?
Please email P/C Gary Budesheim, SN at
gbudesheim@comcast.net or (302) 538-5276.



Anchor Watch

Deadline for September Newsletter:

Monday, 19 August 2019

Direct all material to:

P/Lt/C Georgiana Maszczenski, S
gmaszczenski@hotmail.com





ASPS Squadron Leadership

Commander: Cdr Ron Ricketts, S	ron.ricketts1@gmail.com	(410) 263-4698
Flag Lieutenant: P/C Stu Myers, AP	fstulee@comcast.net	(410) 647-4793
Chaplain: P/C Howard Cupples, JN	hcupples@msn.com	(410) 268-3922
Merit Mark Chairman: P/C Lee Myers, AP	seaurging@comcast.net	(410) 647-4793
Law Officer: P/C Anthony Martin, JN	admartinesq@gmail.com	(410) 721-3759
Executive Officer: Lt/C Peggy Slattery, S	peggy@ccci.com	(443) 994-0670
Vessel Safety Chair: P/C Kathy Nash, AP-IN	kmnash1@verizon.net	(410) 703-9559
Safety Officer: D/Lt/C Jeff Short, JN-IN	jeshortmd@gmail.com	(410) 305-0232
Communications Chair: Lt Linda Sweeting	linda_sweeting@yahoo.com	(301) 437-3115
Coop. Charting Chair: P/Lt/C Gary Antonides, AP	garyanto@verizon.net	(410) 798-7661
Administrative Officer: P/C Bruce Arey, JN	brucearey@hotmail.com	(508) 887-1253
Asst Admin Officer: 1st/Lt Liz Donohoe	lizdonohoe62@gmail.com	(202) 236-1741
Membership Chair: P/Lt/C Betty Rouse Wilmot, P	rousemem@gmail.com	(301) 616-6609
Boating Activities Chair: P/C Bruce Arey, JN	brucearey@hotmail.com	(508) 887-1253
Educational Officer: Lt/C Michael Maszczenski, Jr., N	michaelm_aacps@hotmail.com	(410) 739-7800
Asst Educ Officer: 1st/Lt Patrick McGeehan, P	sailannierose@gmail.com	(410) 309-6040
BOC Chair: P/C John Wesley Nash, SN-IN	jwn54@outlook.com	(410) 956-2781
Operations Training: P/C Stu Myers, AP	fstulee@comcast.net	(410) 647-4793
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